

School Active Transportation Program

Quick Facts for School Principals

School Active Transportation (SAT) is a 2-3 year program offered at 12 elementary schools in the Ottawa area. The goal is to increase the number of students walking and wheeling to and from school on a regular basis. The program also aims to calm and reduce the traffic around the school during bell times, making it safer for everyone.

Each school works with a dedicated SAT facilitator to develop and implement an Action Plan based on 6E's: Education, Encouragement, Engineering, Enforcement, Evaluation and Equity.

The facilitator connects the school with support from staff at the City of Ottawa as well as transportation service providers such as Ottawa Student Transportation Authority (OSTA), CAA, and the Ottawa Safety Council.

Benefits to your school community

- Builds student physical and mental health
 - Improves academic performance
- Calms school zone and reduces traffic
 - Supports Eco-Schools and Well-Being objectives
- Connects with physical literacy & health curriculum
 - Provides leadership opportunities to students and staff

SAT school requirements

- Minimum two-year commitment with optional third year
- School committee meets 3-4 times a year
 - Support data collection (OCREAC-approved family and student surveys)
 - Hold encouragement events (iWalk)
 - Book pedestrian and bike safety workshops
 - Share communications with school community
 - Receive honorarium of \$250 / year

The program has been implemented at more than 35 elementary schools across Ottawa since 2010. SAT is funded by OSTA and the City of Ottawa, and is delivered by EnviroCentre in partnership with Ottawa Public Health. It is approved and supported by the Ottawa-Carleton District School Board and Ottawa Catholic School Board. The SAT program follows the School Travel Planning (STP) process developed by **Ontario Active School Travel**.

To apply to the SAT program:

Contact your school nurse

Or contact SAT facilitators at www.envirocentre.ca