

# Hop!

## What is Hop!?

Hop! is an app that helps make the walk to school more fun through interactive features. Children can track kilometres travelled, while being motivated by engaging illustrations, group challenges, and milestones. Hop! allows children to see the positive impact walking has on the environment by telling them how much greenhouse gas they avert (stop from going into the atmosphere) by walking instead of driving. The app's motivational features help children to choose walking first, which reduces cars on the road and improves school zone safety zone safety.

Students can log trips to and from school as well as walks in their community! This ensures that any student, whether in the walk-zone or not, can participate and enjoy the fun features of Hop!.

This bilingual progressive web app is accessible on a regular internet browser on a phone, tablet, or computer.

### Here are some things Hop! can do:

- ✓ Log trips and measure participant's environmental impact
- ✓ Offer digital rewards/incentives for participants to meet goals
- ✓ Centralize resources, tools, fun activities & events

### Hop! Digital Rewards



**Box of Treasures:** As students log trips and walk more kilometres, they earn prizes along the way that appear in their Box of Treasures.




**Challenges:** Students can participate in walking challenges throughout the year and earn medals for their level of achievement.



**Teams:** Teachers can create teams so students can work together with their classmates to travel as many kilometres as they can.

## Celebrate your Steps to School with Hop!

 [www.123Hop.ca](http://www.123Hop.ca)

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by **envirocentre**

